

Accept No Substitutes

# Come Out of the Shadows

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1. What is legalism?
2. What is the connection between verses 16, 17, and I Corinthians 10:23-31?
3. Old Testament laws were given to point people to Christ. How are these laws the “shadow,” and how is Jesus Christ the “substance”?
4. What are some common beliefs and traits of false teachers (v. 18)?  
What will happen if we embrace these beliefs?
5. What are some ways that a body of believers can be “knit together”?
6. Discuss some ways that we can help one another grow.
7. Verse 19 explains why Jesus Christ is the #1 priority in the church. Discuss.

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**Colossians 2:16-19** <sup>16</sup>So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths, <sup>17</sup>which are a shadow of things to come, but the substance is of Christ. <sup>18</sup>Let no one cheat you of your reward, taking delight in false humility and worship of angels, intruding into those things which he has not seen, vainly puffed up by his fleshly mind, <sup>19</sup>and not holding fast to the Head, from whom all the body, nourished and knit together by joints and ligaments, grows with the increase that is from God.

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## Monday

Do you tend more toward “soul liberty” or spiritual legalism? How can you biblically balance the two, and thus bring greater honor to God?

## Tuesday

Think of something you regularly do out of duty to God. How can you enjoy this spiritual discipline, exchanging duty for desire?

## Wednesday

What are your thoughts on angels? Do you over-emphasize them in your daily life? What roles do they play in the Bible?

## Thursday

The Bible teaches that it is complete and no new revelations should be sought or believed. Do you embrace this truth? What is the danger in seeking or listening to “new” visions or revelations?

## Friday

Everything we do, say, or believe should put Jesus Christ first and foremost. Which of these three areas tend to trip you up—the doing, the saying, or the believing? How can you error-proof your life in that area?

## Saturday

“LORD, help us realize You are all we need. We don't need to add to or take away from Your headship and lordship over our life. Help us to be balanced, growing, biblically-centered Christians.”

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