

He's da Man(na)

1. Why were these people so intent on finding Jesus? To what would you compare such a following?
2. Why are people typically attracted to material things rather than spiritual? Why do you suppose Jesus is using food as an object lesson? What does Jesus claim about Himself? Compare this to the claim made to the Samaritan woman.
3. Why do you think the people wanted another sign (v. 30)? What had they already seen? What is the purpose of bringing up the manna?
4. Verse 33 describes Jesus as the “manna.” This substantiates that the manna was a *type* or picture of the true bread—Jesus. What other *types* of Christ do you see in the Old Testament?
5. Discuss how Jesus is the “bread of life” (v. 35). How does He sustain us?
6. What comfort is there in knowing that the Father gives us to Jesus and that Jesus will not “cast us out” (v. 37)?
7. This passage emphasizes that the salvation of people is a top priority of the Father. What are some ways that your group can contribute to that process?

²²On the following day, when the people who were standing on the other side of the sea saw that there was no other boat there, except that one which His disciples had entered, and that Jesus had not entered the boat with His disciples, but His disciples had gone away alone—²³however, other boats came from Tiberias, near the place where they ate bread after the LORD had given thanks—²⁴when the people therefore saw that Jesus was not there, nor His disciples, they also got into boats and came to Capernaum, seeking Jesus. ²⁵And when they found Him on the other side of the sea, they said to Him, “Rabbi, when did You come here?”

²⁶Jesus answered them and said, “Most assuredly, I say to you, you seek Me, not because you saw the signs, but because you ate of the loaves and were filled. ²⁷Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you, because God the Father has set His seal on Him.”

²⁸Then they said to Him, “What shall we do, that we may work the works of God?”

²⁹Jesus answered and said to them, “This is the work of God, that you believe in Him whom He sent.”

³⁰Therefore they said to Him, “What sign will You perform then, that we may see it and believe You? What work will You do? ³¹Our fathers ate the manna in the desert; as it is written, ‘He gave them bread from heaven to eat.’”

³²Then Jesus said to them, “Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. ³³For the bread of God is He who comes down from heaven and gives life to the world.”

³⁴Then they said to Him, “Lord, give us this bread always.”

³⁵And Jesus said to them, “I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst. ³⁶But I said to you that you have seen Me and yet do not believe. ³⁷All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out. ³⁸For I have come down from heaven, not to do My own will, but the will of Him who sent Me. ³⁹This is the will of the Father who sent Me, that of all He has given Me I should lose nothing, but should raise it up at the last day. ⁴⁰And this is the will of Him who sent Me, that everyone who sees the Son and believes in Him may have everlasting life; and I will raise him up at the last day.”

Read: Jn. 6:41-71; I Cor. 11:23-32

Monday

41-45 — Why didn't the Jews believe Jesus' claim? How do you think that the Father "draws" people? How were you drawn to Jesus? How does it make you feel to know that the Father initiates the relationship?

Tuesday

46-51 — Who has seen the Father? What does it mean to believe in Jesus? List some Bible passages that talk about faith in Christ. How did Jesus give His flesh? How does it provide life to the world?

Wednesday

52-58 — What confused the Jews this time? How would you explain Jesus' claim that His flesh needed to be eaten? How does one really receive Jesus?

Thursday

I Cor. 11:23-32 — Some people teach that participating in the Lord's Supper is a way to receive Jesus. They believe that it is a way to eat His flesh and drink His blood. Why did Jesus tell the disciples to participate in the Lord's Supper (v. 24,25)? Does this passage say that the bread turns into His flesh and the wine into His blood? What passages of the Bible teach that we receive Jesus through faith, not an action?

Friday

59-66 — Why do you think Jesus used hard sayings? Why do you think the disciples turned back? What things about Jesus are hard for people to accept today? What are people looking for in a savior? What sayings have you found to be hard?

Saturday

67-71 — What was Peter's claim? How do you know that Jesus is the Son of the living God? What would you tell someone who is tempted to walk away from Jesus? What do you suppose was the reaction of the disciples to His claim that one of them was a devil? Why did He say this?
