

**A Healthy Church Body**  
Growing Fit; Not Throwing Fits

# Structural Development: Developing a Good Foundation

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**Introduction:** It is difficult to remain fit if the legs or feet give out. Therefore, proper care for the body's foundation is critical. The church body should also heed this advice and not allow its foundation to be weak.

**Key Thought:** The church body is built upon Christ. Building on that foundation requires proper \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

1. \_\_\_\_\_ for Building (vs. 3:1-4)
  - a. Able to \_\_\_\_\_ the \_\_\_\_\_ (1-2)
  - b. Able to \_\_\_\_\_ Our \_\_\_\_\_ (3-4)
2. \_\_\_\_\_ on Building (vs. 3:5-11)
  - a. Focus on the \_\_\_\_\_ (5-9)
  - b. Focus on the \_\_\_\_\_ (10-11)
3. \_\_\_\_\_ in Building (vs. 3:12-17)
  - a. The Right \_\_\_\_\_ (12)
  - b. The Right \_\_\_\_\_ (13-15)
  - c. The Right \_\_\_\_\_ (16-17)

**Conclusion:** The health of our church body is dependent upon our teamwork and determination to use the best materials available for eternal building.

# Theme: The Body's Foundation

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**Monday**

How does the fact that Jesus is the foundation of the church body impact how I should serve/build on that foundation?

**Tuesday**

What are bits of spiritual gold, silver, and precious gems that I can begin to build with in my church body in the days ahead?

**Wednesday**

Does most contemporary preaching primarily emphasize the "milk" or "meat" approach to teaching?

**Thursday**

How can spirituality be gained and maintained?

Are both approaches necessary?

What determines this?

**Friday**

According to Scripture, what are some indications that the Holy Spirit is working within our church? (Galatians 5:22, etc.)

**Saturday**

In what ways have you been able to plant and water God's Word in other people this week?

*Lord, help me to be a "builder," not a destroyer, here at BRBC. Help me to remember the rewards and negative consequences of those who build or tear down Your Church. And thank you that You are the immovable, all-powerful, and loving foundation of our body (Church). In Your precious name, Amen.*